



**THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS),  
Sivakasi**

(Affiliated to Madurai Kamaraj University, Reaccredited with "A" Grade by NAAC,  
College with Potential for Excellence by UGC & Mentor Institution under UGC PARAMARSH)

**NAAC SSR Cycle IV (2015-2020)**

**1.1. CURRICULUM DESIGN AND DEVELOPMENT**

**1.2. ACADEMIC FLEXIBILITY**

**1.1.2. REVISION OF SYLLABUS**

**1.1.3. COURSES FOCUS ON EMPLOYABILITY/ENTREPRENEURSHIP/SKILL DEVELOPMENT**

**1.2.1. NEW COURSES**

**MINUTES OF THE BOARD OF STUDIES  
2019-2020**



**THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS),  
SIVAKASI – 626 123.**

(Affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC,  
College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)

**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2019-20120**

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS)  
(Affiliated to Madurai Kamaraj University, Reaccredited (3<sup>rd</sup> Cycle) with 'A' Grade by NAAC,  
College with Potential for Excellence by UGC and Mentor Institution under UGC PARAMARSH)  
SIVAKASI

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**2019 - 2020**

**DEPARTMENT OF NUTRITION AND DIETETICS**

**MINUTES OF ONLINE BOARD OF STUDIES MEETING – APRIL 2020**

Date : 29.04.2020

Time : 11.00 A.M

Video Conferencing App : GOOGLE MEET

**AGENDA**

- ★ To discuss and approve the syllabi of UG and COP for the year 2020-2021.
- ★ To suggest Panel of Examiners for different courses.
- ★ Any other matter.

**MEMBERS OF THE BOARD:**

Chairperson (H.O.D.)	Mrs. K. Jansi Rani
University Nominee	Dr. Ramesh Raj, Assistant Professor, Department of Catering Management, Madurai Kamaraj University College, Alagarkoil Road, Madurai.
External Subject Experts	Dr. C. Priyalatha Assistant Professor, Research Centre of Home Science, Fatima College Madurai.
	Dr. PA. Raajeshwari Assistant Professor, Department of Food Science and Nutrition, Avinasilingam Institute of Home Science and Higher Education for Women, CBE
Expert from Industry/ Corporate Sector / allied area	Mrs.S.Sivapakkiyam, Consultant, Food & Nutrition, Shiva,s Diet Point.



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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2019-20120**

relative to placement	
Alumna	Ms. S. Hema Priya, Propertior, Hello World, Sivakasi.
Student Representative	Ms. R. Vijayalakshmi, III B.Sc, N&D
Faculty Members	Mrs. J .Merlin Rani
	Ms. R. Dharani
	Ms. R. Iswaryao
	Ms. V. Nethra

**Minutes of the Meeting**

I. The following resolutions were made in the meeting after discussing with the members:

1. The Operational Guidelines of Outcome Based Education with Choice based Credit System for Under Graduate and COP for those students admitted in 2020 & later were discussed and approved.
2. The Scheme of Programme and Examinations & Syllabi of B.Sc., Nutrition and Dietetics for those students admitted in 2020 & later were discussed and approved after incorporating the suggestions made by the members.

- ★ Curriculum for B.Sc Nutrition & Dietetics, Certificate programme in Bakery Products, Food Preparation and Yoga & Wellness were approved by the board with minor modifications.
- ★ Nomenclatures for the lab courses were modified.
- ★ It was suggested that the practical examinations for allied courses could be conducted semester wise.
- ★ BDND11- Food Science – Self study area need to be modified as it was a vast subject.
- ★ BDND12- Human Nutrition – Slight rearrangement was done.
- ★ BDND2L – Food Chemistry – Unitization was done.
- ★ BDND1A – Human Development – Early childhood education was added.
- ★ BDND32 – Food Product Development and Quality Control – Innovative Food Products was added in the Self study area.
- ★ BDND4A – FRM – Stress Management was added in the Self study area.
- ★ BDND6E2 - FBT – Unitization and self study area was modified.



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**2019-20120**

**II. OTHER PROCEEDINGS:**

1. The list of Panel of Examiners for different courses were prepared and submitted to the Controller of Examinations through Academic Affairs Cell.
2. Feedback on Curriculum from external members were obtained and submitted to IQAC.

**3. NEW COURSES INTRODUCED**

The following are the courses introduced for the B.Sc., Nutrition and Dietetics Programme from the academic year 2020 and later.

S. No	Semester	Course Code	Course Title
1.	IV	BDND4DS	Analytical techniques of Nutrients
2.	I	CCFP11	Indian Cuisine
3.	I	CCFP1L	Practical (Indian Cuisine)

**4. COURSES FOCUSING ON EMPLOYABILITY, ENTREPRENEURSHIP AND SKILL DEVELOPMENT**

S. No	Semester	Course Code	Course Title	Focus on employability, entrepreneurship and skill development
1.	I	BDND11	Food Science	Employability
2.	I	BDND12	Human Nutrition	Employability
3.	I	BDND1A	Human Development	Employability
4.	II	BDND21	Food Chemistry	Employability, Skill development
5.	II	BDND2A	Human Physiology	Employability
6.	III	BDND31	Nutrition through Life cycle	Employability, Entrepreneur
7.	III	BDND32	Food Product development and quality control	Employability, Entrepreneur, Skill development
8.	III	BDND3A	Food Preservation Technology	Employability, Entrepreneur, Skill development
9.	IV	BDND41	Therapeutic Diet	Employability
10.	IV	BDND4A	Family Resource	Employability, Entrepreneur,



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**MINUTES OF THE BOARD OF STUDIES**

**2019-20120**

			Management	Skill development
11.	IV	BDND4N	Introduction to Food Nutrition	Employability
12.	IV	BDND4D SL	Analytical Techniques of Nutrients	Employability, Skill development
13.	V	BDND51	Therapeutic diet and counseling	Employability, Entrepreneur,
14.	V	BDND5V	Internship / On-The-Job Training	Employability, Entrepreneur, Skill development
15.	V	BDND5E 1	Community Nutrition	Employability
16.	V	BDND5E 4	Functional Food and Nutraceuticals	Employability, Skill development
17.	V	BDND5N	Health and Fitness	Employability
18.	VI	BDND61	Food Microbiology	Employability, Skill development
19.	VI	BDND62	Food Service Management	Employability, Skill development
20.	VI	BDND6E 2	Food Biotechnology	Employability, Skill development
21.	VI	BDND6P	Project	Employability, Entrepreneur, Skill development
22.	VI	BDSE70	Food Processing and Preparation	Employability, Skill development

**5. COURSES FOCUSING ON LOCAL/REGIONAL/NATIONAL/GLOBAL NEEDS**

S. No	Semester	Course Code	Course Title	Local/Regional/National/Global needs
1.	I	BDND11	Food Science	Global Needs
2.	I	BDND12	Human Nutrition	Global Needs
3.	I	BDND1A	Human Development	Global Needs
4.	II	BDND21	Food Chemistry	Global Needs



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**2019-20120**

5.	II	BDND2A	Human Physiology	Global Needs
6.	III	BDND31	Nutrition through Life cycle	Global Needs
7.	III	BDND32	Food Product development and quality control	National Needs
8.	III	BDND3A	Food Preservation Technology	National Needs
9.	IV	BDND41	Therapeutic Diet	Global Needs
10.	IV	BDND4A	Family Resource Management	National Needs
	IV	BDND4N	Introduction to Food Nutrition	Local Needs
12.	IV	BDND4DSL	Analytical Techniques of Nutrients	Global Needs
13.	V	BDND51	Therapeutic diet and counseling	Global Needs
14.	V	BDND5V	Internship / On-The-Job Training	Global Needs
15.	V	BDND5E1	Community Nutrition	Global Needs
16.	V	BDND5E4	Functional Food and Nutraceuticals	Global Needs
17.	V	BDND5N	Health and Fitness	Local Needs
18.	VI	BDND61	Food Microbiology	Global Needs
19.	VI	BDND62	Food Service Management	National Needs
20.	VI	BDND6E2	Food Biotechnology	Global Needs
21.	VI	BDND6P	Project	Global Needs
22.	VI	BDSE70	Food Processing and Preparation	Global Needs

**6. COURSE WISE ADDITION / DELETION OF TOPICS**

S.No	Course Code	Course Title	Topics Added	Topics Removed
1.	BDND1A	Human Development	Pre-school and types	-
2.	BDND4A	Family Resource Management	Stress Management and Colours (Self study area)	-



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3.	BDND1A	Human Development	Early childhood education	-
4.	BDSE70L	Food processing and Preparation Practical	Masala Powder, and Home made Chocolate	-
5.	CCBP1L	Practical (Basic concepts of Bakery Products)	Bread Making	-

**7. COURSES OFFERED TO OTHER MAJOR STUDENTS**

- BDND4N – Introduction to Food and Nutrition, BDND5N – Health and Fitness are the courses offered to students of other disciplines as Non-Major Elective course.
- BDSE70 – Food Processing and Preparation, BDSE70L – Food Processing and Preparation practical are the courses offered to students of other disciplines as Self Employment/Job oriented courses.

**8. ANY OTHER**

- THE BOARD APPRECIATED THAT THE SYLLABUS WAS CONTENT.**
- THE BOARD ALSO MENTIONED THAT THE SYLLABUS WAS WELL STRUCTURED.**

**SIGNATURE OF THE CHAIRPERSON OF THE BOARD**



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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2019-20120**

**MEMBERS PRESENT:**

S.No.	Name	Position	Digital Signature
1.	Mrs. K. Jansi Rani	Chairperson	
2.	Dr. Ramesh Raj, Assistant Professor, Department of Catering Management, Madurai Kamaraj University College, Alagarkoil Road, Madurai.	University Nominee	
3.	Dr. C. Priyalatha Assistant Professor, Research Centre of Home Science, Fatima College Madurai	External Subject Expert	
4.	Dr. PA. Raajeshwari Assistant Professor, Department of Food Science and Nutrition, Avinasilingam Institute of Home Science and Higher Education for Women, CBE	External Subject Expert	
5.	Mrs. S. Sivapakkiam, Consultant, Food & Nutrition, Shiva's Diet Point.	Industrialist	
6.	Ms. S. Hema Priya, Propertior, Hello World, Sivakasi.	Alumnae	
7.	Ms. R. Vijayalakshmi, III B.Sc, N&D	Student Representative	
8.	Mrs. J. Merlin Rani	Member	







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**MINUTES OF THE BOARD OF STUDIES**

**2019-20120**

9.	Ms. R. Dharani	Member	
10.	Ms. R. Iswaryao	Member	

  
SIGNATURE OF THE CHAIRPERSON OF THE BOARD

  
PRINCIPAL  
The Standard Fireworks Rajaratnam  
College for Women,  
SIVAKASI.



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## **MINUTES OF THE BOARD OF STUDIES 2018-2019**



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**2018-2019**

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SIVAKASI

2018 - 2020  
Department of Nutrition & Dietetics Date 11.04.2019  
Board of studies

Chairman (H.O.D.)	1.K.Jansi Rani	<i>Jansi Rani</i>
Faculty Members	1. R. Dharani	<i>R. Dharani</i>
	2. S. V. Sarvani	<i>S. V. Sarvani</i>
Experts from Outside	1. Dr. S. Kavitha Maheswari Assistant Professor & Head, Department of Nutrition, FSMD Government Arts college for women Nilakottai – 624802 Mobile No: 9003857752 Email ID : kavithasenthil05@gmail.com	<i>Kavitha Maheswari</i> 11/4/2019
	2. Dr. S. Parameshwari, Associate Professor , Department of Clinical Nutrition and Dietetics Periyar university, Salem. Mobile No: 9965954456 Email ID – sparameshwari2009@gmail.com	<i>S. Parameshwari</i> 11/4/19
One Expert nominated by VC	1. Mr.S.Rameshraj, Associate Professor & Head, Department of Hotel Management & Catering Science, Madurai Kamaraj University College, Madurai – 625 002. Mobile No : 9361104400 Email ID – rameshrajs75@gmail.com	<i>Rameshraj</i> 11/4/19
One representative from Industry/ Corporate Sector / allied area relative to placement	1. J.P. Jeyanthiall, Chief Dietitian, Department of Clinical Nutrition and Dietetics, Meenakshi Mission Hospital and Research Centre, Madurai- 625 107. Mobile No: 98941 60569	<i>Absent.</i>
One meritorious Alumna	K. Ram Seetha Dietitian, Ochre Fitness Centre, Sivakasi.	<i>K. Ram Seetha</i>
Student Representative	C. Rathina, III B. Sc, Nutrition & Dietetics.	<i>C. Rathina</i> 11/4/19

*Jansi Rani*  
Signature of the chairman of the board



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**2018-2019**

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Department of Nutrition and Dietetics  
Board of Studies Meeting 2019-2020

S.No	Course Code	Course Title	Addition	Deletion	Justification
1.	GLND51	Therapeutic Diet	Diet for the Autism and physically disabled is included in the self study area.	No change	Need Based
2.	GLND5L	Lab III	No change	No change	No change
3.	GLND61	Therapeutic Diet and counseling	Unitization is done IBD, MAS, Steatorrhea are included in Unit – III.		Need Based
4.	GLND62	Food Service Management	Care and maintenance of equipments and factors affecting menu planning is included in Unit II and III respectively.	No change	Need Based
5.	GLND6L	Lab IV	No change	No change	No change
6.	GLND6P	Project	No change	No change	No change
7.	GLND5E1	Community Nutrition	No change	No change	No change
8.	GLND5E2	Food Packaging	No change	No change	No change
9.	GLND5E3	Extension Education	Teaching Aids is included in Unit III.	No change	Need Based



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10.	GLND5E4	Functional foods and Nutraceuticals	Included Anti – nutritional factors in Unit-III	No change	Need Based
11.	GLND6E1	Textiles and Clothing	Laundrying is included in Unit III	No change	Need Based
12.	GLND6E2	Food Biotechnology	No change	No change	No change
13.	GLSE70	Food processing and preparation	No change	No change	No change
14.	GLND70L	Food Processing and Preparation practical	No change	No change	No change



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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2018-2019**

**Minutes**

The Board discussed and approved the modified course scheme of B.Sc., Nutrition and Dietetics for the students who will join in June 2017 and later.

Syllabus is very good and elaborative and well standardized units are included which helps the students to gain in-depth knowledge and to pursue higher studies.

Suggested modifications were made in all theory and practical courses

The board approved the job oriented Self employment course in **Food Processing and Preparation** offered by the Department.

S.No	Name	Signature
1.	Dr.(Mrs) S.Parameshwari	
2.	Dr.(Mrs)S.Kavitha Maheswari	
3.	Mr.S.Rameshraj	
4.	K.Jansi Rani	
5.	R.Dharani	
6.	S.V.Sarvani	
7.	K.Ram Seetha	
8.	C.Rathina	

11/04/19  
Chairman of the Board

T. Palaneeswari  
PRINCIPAL  
Dr. T. Palaneeswari  
PRINCIPAL  
The Standard Fireworks  
Rajaratnam College  
for Women,  
SIVAKASI



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**MINUTES OF THE BOARD OF STUDIES  
2017-2018**



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**MINUTES OF THE BOARD OF STUDIES**

**2017-2018**

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Department of Nutrition and Dietetics

Date 12/3/2018

**Minutes of Board meeting - (2018 - 2019)**

1. Chairman (Co-ordinator) :

Dr. (Mrs).M. Santhi

Department of botany with specialization in plant biotechnology,

SFR College for Women, Sivakasi

2. Experts from Outside :

1. Mrs.R.Mahalakshmi, M.sc, M.phil, Ph.D  
Head of the Department,  
Dept of Nutrition and Dietetics with CA,  
Sri.S.R.N.M.College, Sattur.

*Absent.*

2. Dr.(Mrs)S.Pameswari,  
Associate Professor ,  
Department of Clinical Nutrition and dietetics,  
Periyar University, Salem.

*P. Pameswari  
12/3/18*

3. One representative from Industry :

Mrs.J.P Jayanthiall ,

Chief Dietitian,

Meenakshi Mission Hospital, Madurai

*J.P. Jayanthiall  
12/3/18*

4. One Post Graduate Meritorious Alumnae :

S.Ananthi

Dietitian,

S.S.R.Hospital,

Sivakasi

*S. Ananthi  
12-3-18*

5. Present Student (Only one) :

J.K.Sharmila Devi

III B.Sc Nutrition and Dietetics,

SFR College, Sivakasi.

*J.K. Sharmila Devi*





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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2017-2018**

**MINUTES:**

1. The Board resolved and approved the modified course syllabus of B.Sc Nutrition and Dietetics for the students who will join in 2017 and later.
2. Suggested modifications were made in all theory and practicals.
3. The board recommended to conduct practical exams in every semester without clubbing the practical together.
4. The Board suggested to add few more reference books for the assignment preparation and self study area.
5. The Board approved the certificate programme in yoga and wellness offered by the department.

**Members Present:**

S.No	Name	Signature
1.	Dr.(Mrs)S.Parameswari	
2.	Mrs.Jayanthiall	
3.	S.Ananthi	
4.	J.K.Sharmila Devi	

Sign of the Chairman of the Board

12/3/18  
PRINCIPAL  
The Standard Fireworks Rajaratnam  
College for Women,  
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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2017-2018**

**Members Present:**

S.No	Name	Signature
1.	Dr.(Mrs)S.Parameswari	
2.	Mrs.Jayanthiall	
3.	S.Ananthi	
4.	M.Kavitha	
5.	K.Jansirani	
6.	M.Gnana suronmani	
7.	J.Merlin rani	
4.	J.K.Sharmila Devi	

Sign of the Chairman of the Board

PRINCIPAL  
PRINCIPAL  
The Standard Fireworks Rajaratnam  
College for Women,  
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**1.2.1. NEW COURSES**

## **MINUTES OF THE BOARD OF STUDIES 2016-2017**



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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2016-2017**

THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN SIVAKASI.

(An Autonomous Institution affiliated to Madurai Kamaraj University, Re-accredited with A Grade by NAAC)

Department of Nutrition and Dietetics

Date 12/4/2017

**Minutes of Board meeting - (2017 - 2018)**

**1. Chairman (Co-ordinator)**

Dr. (Mrs).M. Santhi

Department of botany with specialization in plant biotechnology,

SFR College for Women, Sivakasi

Mrs - M. Santhi  
*Santhi*

**2. Experts from Outside**

1. Mrs.R.Mahalakshmi,M.sc,M.phil,Ph.D  
Head of the Department,  
Dept of Nutrition and Dietetics with CA,  
Sri.S.R.N.M.College, Sattur.

*R. Mahalakshmi*

2. Dr.(Mrs)S.Parameswari,  
Associate Professor ,  
Department of Clinical Nutrition,  
Periyar University, Salem.

*S. Parameswari*  
*J. Phani*

**3. One representative from Industry**

Ms. Jayanthiall M.Sc.,

Dietitian,

Meenakshi Mission Hospital, Madurai

*J. Phani*

**4. One Post Graduate Meritorious Alumnae**

J.Merlin Rani, M.Sc.,

Dietitian,

S.S.R.Hospital,

Sivakasi

*J. Merlin Rani*

**5. Present Student (Only one)**

A. Sona,

III B.Sc Nutrition and Dietetics,

SFR College, Sivakasi.

*A. Sona*



**THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN (AUTONOMOUS),  
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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINIUTES OF THE BOARD OF STUDIES**

**2016-2017**

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**Department of Nutrition and Dietetics**

S.No	Course code	Course Title	Addition	Deletion	Justification
1.	GLND11	Food Science	<b>Unit – I</b> Basic four food groups, Solar cooking. <b>Unit – II</b> Structure of Wheat. Millets – Sanwa, Kodo, Saamai. Dextrinization, Retrogradation. <b>Unit – V</b> Emulsion – Types. Rancidity – Types and prevention. Smoking point – Changes in fat on heat. Spices and Condiments – Functions and role of spices, Medicinal value of Garlic, Ginger, Fenugreek, Turmeric, Cumin seeds, Cinnamon, Cloves and Coriander seeds.	Locally available millets.	Millets – Types must be specified.
2.	GLND12	Principles of Nutrition	<b>Unit – I</b> Factors affecting Nutrition, Nutritional Status – good and poor. Digestion and Absorption of carbohydrate, protein and fat. <b>Unit – V</b> Vitamins – Fat and Water Soluble – Functions, Sources	<b>Unit – III</b> Evaluation of protein quality. <b>Unit – IV</b> Effects of Deficiency.	Essential components must be included.  Content in Unit V is Vast.



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			and Deficiency. Minerals – Macro (Calcium, Phosphorous) and Micro (Iron, Iodine and Fluorine) – Functions, Sources, Deficiency.		
3.	GLND1A	Human Development	No Change	No Change	-
4.	GLND21	Nutritional Biochemistry	Unit – V Water – Distribution and Functions. Electrolyte – Functions, Dehydration and Over hydration.	-	Component in Unit V is essential.
5.	GLND2A	Human Physiology	Unit – III Function of lungs. Unit – IV Differentiation of sympathetic and parasympathetic Nervous System.		Components in Unit III and IV is necessary.
6.	GLND2L	Lab – I	No Change	No Change	-
7.	GLND2AL	Allied Lab – I	No Change	No Change	-



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S.NO	Course Code	Course Title	Addition	Deletion	Justification
1.	ACBP11	Basic Concepts of Bakery Products	<b>Unit – I</b> Definition, Aims, Principles and Classification of bakery products. Role of ingredients in baking: Wheat and Role in Bakery products. Flour – Types. <b>Unit – II</b> Leavening Agents – Definition, Types and their role in baking. Sugar – Types and uses. Role of minor ingredients – Milk, Water and Salt in baking. <b>Unit – IV</b> Masala biscuits and Ghee biscuits	-	Components are included as per the question setting for end semester examinations.
2.	ACBP1L	Practical (Basic Concepts of Bakery Products)	No Change	No Change	-





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**DEPARTMENT OF NUTRITION & DIETETICS**

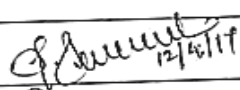
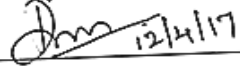

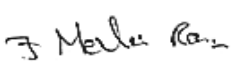
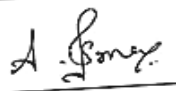
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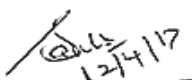
**2016-2017**


**MINUTES:**

- The Board resolved ~~discussed~~ and approved the modified course syllabus of B.Sc Nutrition and Dietetics for the students who will join in 2017 and later.
- Suggested modifications were made in all theory and practical papers.
- Theory paper adjacent to practical in same semester will make better understanding for the students.
- The Board ~~discussed~~ and approved the certificate course in Bakery products offered by the Department.

**Members Present:**

S.No	Name	Signature
1.	Dr.(Mrs)S.Parameswari	 12/4/17
2.	Mrs. R. Mahalakshmi	 12/4/17
3.	Ms. Jayanthiall	
4.	J.Merlin Rani	 J Merlin Rani
5.	A. Sona,	 A. Sona

  
12/4/17  
Sign of the Chairman of the Board

  
PRINCIPAL  
The Standard Fireworks Rajaratnam  
College for Women,  
SIVAKASI.



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**NAAC SSR Cycle IV (2015-2020)**

**1.1. CURRICULUM DESIGN AND DEVELOPMENT**

**1.2. ACADEMIC FLEXIBILITY**

**1.1.2. REVISION OF SYLLABUS**

**1.1.3. COURSES FOCUS ON EMPLOYABILITY/ENTREPRENEURSHIP/SKILL DEVELOPMENT**

**1.2.1. NEW COURSES**

**MINUTES OF THE BOARD OF STUDIES  
2013-2014**



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**2013-2014**

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Department of Nutrition and Dietetics

Minutes of Board of Meeting , Feb 2014

1. Chairman (H.O.D.) :

Ms.B.P.Sudha M.Sc.,M.Phil.,  
Department of Nutrition and Dietetics,  
S.F.R.College, Sivakasi.

B.P. Sudha  
8/2/14

2. Expert nominated by VC

Dr.K.P.Vasantha Devi,  
Associate Professor,  
Department of Home Science,  
Gandhigram Rural Institute (Deemed University),  
Gandhigram, Dindigul(Dt)

3. Experts from Outside

a. Mrs. P. Mahalakshmi, M.sc, M.phil, Ph.D  
Head of the Department,  
Dept of Nutrition and Dietetics with CA,  
Sri.S.R.N.M.College, Sattur.

P. Mahalakshmi  
8/2/14

b. Mrs.P.Tamilarasi,  
Head of the Department,  
Department of Nutrition and Dietetics,  
E.M.G Yadava Women's College,  
Madurai.

P. Tamilarasi  
8/2/14

4. Representative from Industry

Ms. Jayanthiall M.Sc.,  
Chief Dietitian,  
Meenakshi Mission Hospital,  
Madurai

J.P. Anay.

5. Student Representative

J.Mahalakshmi  
III B.Sc., Nutrition & Dietetics  
All the faculty members of Nutrition & Dietetics Department.

J. Mahalakshmi

Resolved and suggested to implement the following.



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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2013-2014**

<p align="center">THE STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN SIVAKASI – 626 123. (An Autonomous Institution affiliated to Madurai Kamaraj University, Re- accredited with 'A' Grade by NAAC)</p> <p align="center">Department of Nutrition and Dietetics</p>					
S.No	Course Code	Course Title	Addition	Deletion	Justification
1.	14UND12	Food Science	<p>Unit-V Sugar cookery</p> <p>Spices and condiments- Functions</p>	<p><b>Unit I</b> Basic 7 and 11 Sugar cookery <b>Unit II</b> Cereals and Pulses - composition, Process of rice. <b>Unit III</b> Vegetables, Fruits and Milk- Composition. Vegetables- Changes in pigments during cooking and storage of vegetables <b>Unit IV</b> Meat – Structure, Changes during cooking. Poultry and Fish – composition and methods of cooking. <b>Unit-V</b> Fats and oils - Composition Processing, fat absorption and factor affecting absorption. Spices and condiments- Medicinal value. Beverages- nutritive value, coffee, tea, cocoa and malted beverages. Sugar cookery- Crystallization.</p>	<p><b>Addition</b> Need based. Sugar cookery was shifted from I unit to V Unit.</p> <p><b>Deletion</b> Portion was heavy.</p>
2.	14UND12	Principles of Nutrition		<p><b>Unit-I</b> Carbohydrates and fiber - requirements Fiber- physiological effects. <b>Unit-II</b> Protein and Lipids- requirements Protein -PER, NPU and chemical score. <b>Unit – III</b> Joule, gross and physiological fuel values.</p>	<p><b>Deletion</b> Heavy portion.</p>



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				Energy needs of the body. Basal metabolism – Measurement, Total energy needs of the body – factors affecting including thermogenic effect of food, calculation of total energy requirements by factorial methods, Energy requirements for different age groups. <b>Unit – IV</b> Vitamins- Requirements. <b>Unit – V</b> Macro and Micro minerals- Requirements Na and K- Effects of imbalances.	
3.	14UND1A	<b>Human Development</b>	<b>Unit IV</b> Types of Play	<b>Unit I</b> Anecdotal, rating scale and projective techniques  <b>Unit III</b> Appearance and Activities new born baby <b>Unit IV</b> Play -theories, values. Behaviour problem- Treatment, personality development. Gifted children and slow learners  <b>Unit V</b> Cognitive development Delinquency- rehabilitation.	<b>Addition</b> Need based.  <b>Deletion</b> As it felt heavy.
4.	14UND21	<b>Nutritional Biochemistry</b>	<b>Unit I</b> cycle of Glycolysis  <b>Unit II</b> Urea cycle. Enzyme activity- specify	<b>Unit I</b> Classification, functions, properties HMP shunt and oxidative Phosphorylation. <b>Unit II</b> Proteins – Definition, Function, Amino acids- Types, De-carboxylation. Enzymes- types <b>Unit III</b> Lipids- Definition, classification, functions fatty acids- properties; <b>Unit IV</b> Vitamins- Definition,	<b>Addition</b> Need based.  <b>Deletion</b> Portion was heavy.



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			Unit V Lactose intolerance	properties and biochemical role. Minerals- Magnesium <b>Unit V</b> Acid base balance -Buffer system – mechanism of lungs and kidney, glycogen storage disease, fructosuria, pentosuria, albinism and tyrosinosis	
5.	14UND2A	Human Physiology		<b>Unit I</b> Cells and its organelle. Circulatory system- Properties.  <b>Unit III</b> respiratory pigments,  <b>Unit IV</b> Nervous System- ascending and descending tracts Sense organs-function Nose and tongue  <b>Unit V</b> Endocrine gland-Structure and abnormality. Reproductive system- Puberty, mammary glands fertilization.	<b>Deletion</b> Heavy portion.
6.	14UND2L	Lab - I		<b>Food Science:</b> II. i). Grouping of foods – Basic 4, 7 and 11 ii). Separation to gluten content of wheat. IV. Effect of acid and alkali. Non enzymatic browning VIII. Beverages. <b>Nutritional Bio chemistry:</b> Qualitative analysis of protein and minerals.	<b>Deletion</b> Portion was heavy.
7.	14UND2AL	Allied Lab – I		<b>Human Physiology:</b> a. Microscopic study of different tissues – epithelial, connective and muscular. mammary glands <b>Human Development:</b> Visit to institutions for children with special needs.	<b>Deletion</b> As it felt heavy.



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11.	14UND41	Food Microbiology		<b>Unit I</b> Genera and groups of bacteria important in food bacteriology. Protozoa <b>Unit-IV</b> Milk and water sanitary quality test. <b>Unit-II</b> pasteurization, irradiation preservatives	<b>Deletion</b> As it felt heavy.  <b>Deletion</b> Repeated in Food preservation
12.	14UND4A	Family Resource Management	<b>Unit V</b> Care and selection of flower arrangement	<b>Unit I</b> resource management – Characteristics and qualities of resources. <b>Unit II</b> Concept and types of value, goal and standards. <b>Unit IV</b> Management – Tools in time management, family financial records. <b>Unit V</b> Furniture – meaning Flower arrangement- Types Table setting	<b>Addition</b> Need based.  <b>Deletion</b> As it felt heavy.
13.	14UND4L	Lab- II		<b>Nutrition Through Life Cycle-</b> Meal planning for an infant. <b>Food Microbiology-</b> spotters-Protozoa, Testing of milk.	<b>Deletion</b> Portion was heavy.
14.	14UND4AL	Allied Lab- II		Family Resource Management- Table setting	<b>Deletion</b> Repetition in food service management.
15.	14UNDS1	Therapeutic Diet	<b>Unit I</b> Dietitian role  <b>Unit V</b> Space and sports nutrition	<b>Unit I</b> Dietitian - Types, qualities, qualifications and code of ethics. <b>Unit II</b> Mal absorption, steatorrhoea, celiac disease, diverticula disease.	<b>Addition</b> Need based. <b>Deletion</b> Heavy portion.
16.	14UND5L	Lab- III (Therapeutic Diet)	i. Meal planning for athletes ii. Suggested foods for space nutrition	Nutritional anaemia, PEM	<b>Addition</b> Need based. <b>Deletion</b> Portion was heavy



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17.	14UND61	Therapeutic Diet and Counseling		Unit-I phenyl ketonuria, lactose intolerance, Unit II Hyperlipidemia, coronary heart disease Unit IV AIDS, Surgery and Trauma	Addition Repeated in Nutritional biochemistry. Deletion Portion was heavy.
18.	14UND62	Food Service Management	Unit I Table setting  Unit V Hygiene in food handling in receiving, storage preparation and service	Unit I Catering industry - Definition, classification. Unit III Adjustment of standard recipe yields menu planning- Definition, functions Unit IV Management-principles Unit V Definition, environmental Computers in catering	Addition Need based.  Deletion Portion was heavy.
19.	14UND6L	Lab- IV	Table setting	AIDS. Lactose intolerance.	Addition Need based.
20.	14UND6P	Project	No Change	No Change	No Change
21.	14UND5E1	Community Nutrition	Unit-V Specify the prophylaxis programme	Unit-I Concept of community nutrition Unit-III Training in nutrition, implementation of nutrition education programme	Addition Need based. Deletion Portion was heavy.
22.	14UND5E2	Food Packaging	No Change	No Change	No Change
23.	14UND5E3	Extension Education		Unit I Extension education- Philosophy and duties Unit II History of community development Unit IV Tools and techniques	Deletion Portion was heavy.
24.	14UND5E4	Functional foods and Nutraceuticals	No Change	No Change	No Change
25.	14UND6E1	Textiles and Clothing		Unit I Spinning – concept of yarn	





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CERTIFICATE COURSE IN FOOD PREPARATION

S.No	Course Code	Course Title	Addition	Deletion	Justification
1.	14XCFPI	Food Preparation	No Change	No Change	No Change
2.	14XCPL	Practical( Food Preparation)	No Change	No Change	No Change

CERTIFICATE COURSE IN FOOD PRESERVATION

S.No	Course Code	Course Title	Addition	Deletion	Justification
1.	14XCFS1	Food Preservation	No Change	No Change	No Change
2.	14XCFSL	Practical( Food Preservation)	No Change	No Change	No Change



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**2013-2014**

MINUTES:

- ♦ The Board discussed and approved the modified course scheme of B.Sc., Nutrition & Dietetics for the students who will join in June 2014 and later.
- ♦ Syllabus was good and elaborative. Students will gain rich and in-depth experiences by studying this syllabus.
- ♦ Suggested modifications were made in all theory and practical papers.
- ♦ The board suggested mentioning the name of the course in the practical papers.
- ② ♦ Theory paper adjacent to practical in same semester will make better understanding for the students.
- ♦ The Board discussed and approved the Non major elective courses for the students who will join in June 2014 and later.
- ♦ The Board discussed and approved a certificate course in Food preparation and food preservation offered by Department of Botany with specialization.
- ♦ A certificate course was much appreciable and impressive.



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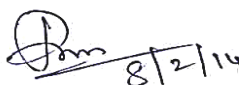
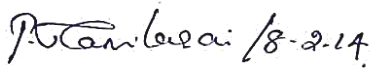


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**DEPARTMENT OF NUTRITION & DIETETICS**

**MINUTES OF THE BOARD OF STUDIES**

**2013-2014**

**Members Present:**

S.No	Name	Signature
1	Dr.K.P.Vasantha Devi	Absent
2	Mrs.R.Mahalakshmi	 8/2/14
3	Mrs.P. Tamilarasi	 P. Tamilarasi / 8-2-14
4	Mrs.J.P. Jayanthiall	 J.P. Jayanthiall
5	Ms.J.Mahalakshmi	 J. Mahalakshmi

  
8/2/14  
Sign of the Chairman of the Board

  
PRINCIPAL  
PRINCIPAL  
The Standard Fireworks Rajaratnam  
College for Women  
SIVAKASI